

OUTSIDE SPORTS CREDIT

REQUIREMENTS

The Student's coach or instructor will need to sign off their participation hours each day they attend a practice or contest. Once the required hours are completed, please scan and email to Athletics Coordinator, Liz Traeger (LTraeger@covenantdallas.com).

The following activities are acceptable for credit:

- Games/recitals/competitions
- Formal practice/instruction
- Instructor supervised activity (skills, private lessons, etc.)

You can track hours across multiple athletic activities, as long as they are supervised by a coach/instructor. Any non-supervised activity will not count toward hours earned (ex. at home workouts). A parent/guardian will not count as the instructor.

SEMESTER OPTION (*Following the Academic Semesters 1st and 2nd*)

- Outside sports credit requires 80 hours of practice, instruction, or competition each semester: Fall and Spring. You may begin to start tracking hours on the first day of each semester. Forms are due at the end of each semester for report card credit.

ATHLETIC SEASON OPTION (*Fall, Winter, Spring*)

- Outside sports credit requires 54 hours of practice, instruction, or competition if you decide to enroll by season: Fall, Winter, and/or Spring. You may begin to start tracking hours on the first day of each season. Forms are due at the end of each season for report card credit.

LOGIC

Students participating in outside sports credit will need to be picked up at the beginning of the athletics period (2:15PM) Monday - Thursday. **There are no exemptions to this rule.** There is no study hall or holding area for students to wait at until the end of the school day.

RHETORIC

Acquired hours must be completed outside of the school day. Any exceptions must be previously discussed with and approved by Rhetoric Administration.

Please direct any questions to Athletics Coordinator, Liz Traeger.

Thank you,
Covenant Athletic Department

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[CREDIT FORM](#)